

## ***The Lord Is My STRENGTH***

We have a supernatural strength available to us.

*(Psalm 28:6-8a) May the Lord be praised, for He has heard the sound of my pleading. THE LORD IS MY STRENGTH and my shield; my heart trusts in Him, and I am helped. Therefore my heart rejoices, and I praise Him with my song. THE LORD IS THE STRENGTH of His people...*

### ***1. The Lord Is My OUTER Strength***

- A. Strength that comes from outside ourselves.
- B. Best described as supernatural strength.
- C. It is given to whomever the Giver desires.
- D. It can only be had through humility.
- E. This Giver is consistent and reliable.

### ***2. The Lord Is My INNER Strength***

- A. David does not say here, “BE strong in the Lord.”

*(Joshua 1:9) Be strong and courageous. Do not be afraid or discouraged, for the Lord your God is with you wherever you go.*

- B. David does not say here, “The Lord will GIVE strength.”

*(Isaiah 40:29-31) He gives strength to the weary and strengthens the powerless. Youths may faint and grow weary, and young men stumble and fall, but those who trust in the Lord will renew their strength.*

- C. David does say here, “The Lord IS my strength.”
- D. The Lord actually becomes strength IN me.

### ***3. The Lord Is My ACQUIRED Strength***

- A. God’s strength is acquired through pleading.

*(6) May the Lord be praised, for He has heard the sound of my pleading.*

- B. God’s strength is acquired through trusting.

*(7) The Lord is my strength and my shield; my heart trusts in Him.*

- C. God’s strength is acquired through belonging.

*(8-9) The Lord is the strength of His people; He is a stronghold of salvation for His anointed. Save Your people, bless Your possession, shepherd them, and carry them forever.*